

Now Offering Assistance with Calfresh Applications

Our Calfresh Coordinator **Tricia Fernandez** will assist our clients through the entire application process.

It starts with our Curbside team who ask new and existing clients if they have Calfresh. From there they can make an appointment with Tricia and apply for Food Benefits.

Thanks to the Mendocino County Health and Human Services branch for providing us with a grant. Look for our Calfresh table at the Farmer's Market.



FORT BRAGG FOOD BANK
P.O. Box 70
Fort Bragg CA, 95437

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MENDOCINO FOOD AND NUTRITION PROGRAM

FORT BRAGG FOOD BANK

newsletter SUMMER 2022



The Joy of Volunteering



Our volunteers bring so much joy and passion to the Fort Bragg Food Bank. When our volunteers are thriving the food bank is thriving! If you've thought about volunteering but haven't quite made it here don't hesitate... Bring a buddy!

Many of our volunteers have partnered up to give their time and also have fun together. Whether you've been friends for life or just

met, volunteering together is twice the fun!

Come check out our Farmstand and assist with keeping it stocked and visit with other community members. Make kids bags, sort through vegetables, assist on curbside, make home deliveries, fold bags, help in the kitchen, and more! We have also partnered with some of our local businesses to offer volunteer incentives to our new and existing volunteers!

THANK YOU TO OUR DEDICATED VOLUNTEERS!
Visit FortBraggFoodBank.org and contact us today!



New Pantry Opens in Albion

Fort Bragg Food Bank is pleased to announce a new pantry in Albion! The Albion Food Pantry is open on Wednesdays from 3:30-6:30 thanks to spectacular volunteer Jaime Placido. The Albion Volunteer Fire Department has donated the use of their fire station and currently the pantry is averaging about 30 households a week. This pantry distributes fresh produce, bread, meat, pantry staples, milk, eggs, and much more!



IN HONOR OF TONY ANDERSON

Tony Anderson was such a bright light in our community. Volunteering at the food bank was just one of the many ways he blessed us all. Always with a bright smile, charming words, and an open and giving heart. This banner hangs in our kitchen as a tribute to Tony.

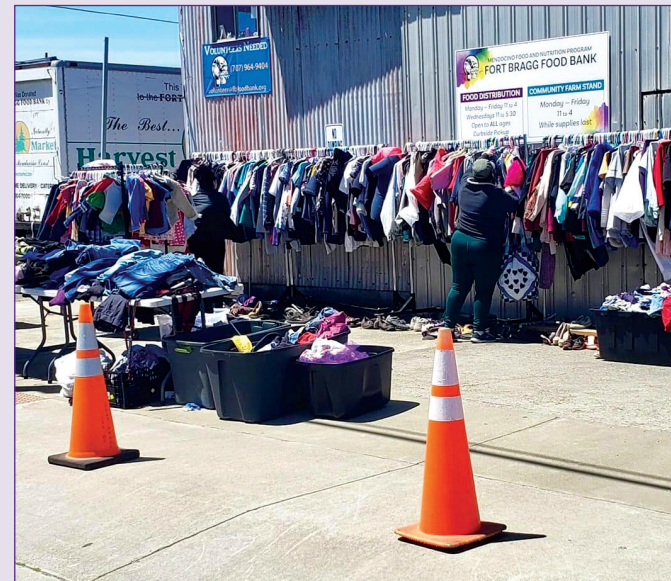
Thank you for always going the extra mile!

We love you and miss you dearly.



CLOTHING CLOSET

Thanks to the commitment of our staff and volunteers every Friday we now have a free clothing exchange! This program has been a hit with all our community members. This event happens every Friday from 11-4 (weather permitting) in front of our Farmstand under the pop up tent at 901 N Franklin St. As you drive by you can see full racks of clothes of all sizes, ages, and colors. This service is completely **free and open to anyone who can use clothes**. We also invite you to donate any clothing that no longer serves you.



WANT TO VOLUNTEER FOR THIS EVENT?
Contact Lisi Martinez volunteer@fbfoodbank.org



CONTACT THE FORT BRAGG FOOD BANK

707-964-9404 | FortBraggFoodBank.org | info@fbfoodbank.org | 910 N Franklin St, P.O. Box 70, Fort Bragg CA 95437

We are a 501(c)(3) non-profit organization. Donations are tax-deductible. Tax ID#: 94-2577092

Please make checks payable to The Fort Bragg Food Bank. We accept MasterCard & Visa. Donations may be made on our website.

By the numbers...



682,354
POUNDS OF FOOD DISTRIBUTED



2,947
FAMILIES FED IN MENDOCINO COUNTY



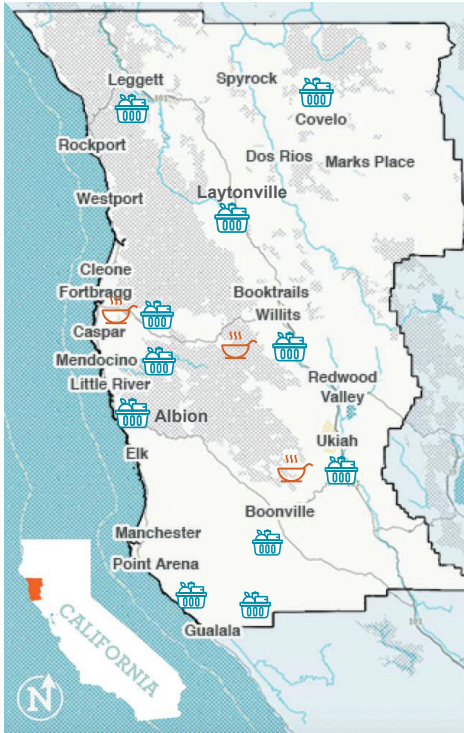
3,898
VOLUNTEER HOURS CONTRIBUTED



31,268
MEALS SERVED



Mendocino County Food Distribution



FOOD PANTRY LOCATIONS

- Albion Food Pantry
- Anderson Valley Food Bank
- Fort Bragg Food Bank
- Gualala Food Bank
- Laytonville Food Bank
- Leggett Food Pantry
- Mendocino Community Pantry
- Nuestra Alianza
- Pay it Forward Fort Bragg High
- Point Arena Food Bank
- Round Valley Food Bank
- Ukiah Community Food Bank
- United Disaster Relief
- Willits Community Services

SOUP KITCHEN LOCATIONS

- Hospitality House
- Plowshares Ukiah
- Trinity Lutheran Church
- Willits Daily Bread

FOOD DISTRIBUTION HOURS

Monday - Friday – 11am to 4pm
 Curbside and Farmstand
 Open until 5:30 on Wednesdays
 Clients may pick up food once a week.

Note from Director Amanda Friscia



As I look around in our community I am surrounded by the strength and generosity of others. It's not what people have to do, but it's what people choose to do. The everyday little things really make the difference. The support that our little food bank continually receives has brightened so many lives. I'm happy to share that every single cent and every last pound donated **really does make an impact.**

With your support we are on track to distribute **2 million pounds of food** throughout Mendocino County by the end of 2022. This would be a record for our county. In our Food Distribution Network, we have 14 food pantries and 4 soup kitchens spread throughout the county. Recent additions include Albion Food Pantry and United Disaster Relief. We have partnered with the local daycares and preschools to provide families directly with kids bags and diapers. With the rising cost of groceries and gas hopefully this provides some relief and support.

I am impressed by the dedicated staff and volunteers that commit so much of their time and energy to help others so effortlessly. Together we can do so much more. Thank you for your commitment to end food insecurity and lifting the spirits of many.

Staff Spotlight

Meet Rachelle Sutherland, our Outreach Coordinator. A joyous spirit always ready to help with a gracious and friendly smile. Her role as the Outreach Coordinator has been vital to our growth over the past couple of years. She has developed strong relationships with the pantry leaders throughout Mendocino County and is diligently working on improving their sites and distributions through our Rural and Remote program. The focus has been to provide improved refrigeration, storage, technology, and access to food. She is a natural when it comes to helping others.




THANK YOU, RACHELLE, YOU'RE A ROCK STAR!

OUR STAFF

Amanda Friscia Executive Director	Jeff Hock Distance Driver	Angela Dominguez Office Manager	Mark Veregge Curbside Assistant
Jim Dimauro Warehouse Manager	Lisi Martinez Operations Coordinator	Kristin Hock Curbside Assistant	Andi Whitlow Maintenance Coordinator
Kris Russell Distribution Assistant	Rachelle Sutherland Outreach Coordinator	Carl Audo Curbside Assistant	Tricia Fernandez Calfresh Outreach

OUR BOARD OF DIRECTORS

Thom Adams Board President	Desiree Ramos Secretary	Gary Mason Board Member	Susan Colman Board Member
Marty Sexton Vice President	Matthew Evans Treasurer	Kathleen Alexander Board Member	

Thank You Donors!

Monthly donors!

Marilyn Anderson	Andrew Jordan
Luna Armstrong	Linda Kalman
Linda Banta	Nathan Kugland
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Mildred Bohannon	Carolyn Lurie
Sharon Bowers	Elaine McCarley
Jeanette Boyer	Michael Moreland
Bryant Burkhardt	Eric Nelson
Anthony Cardinale	Adriene Nicolaisen
Thomas Casey	Jenafer Owen
Lorna Dennis	Peter Peterson
Leeann Dickson	Margaret Roberts
Divine Assistants International	Randice and Will Roberts
Judith Edwards	Deborah Santos
Fidelity Charitable	Joyce Schowengerdt
Stephen & Emily Gross	Marty Sexton
Darby Haines	Waste Management
Harvest Market	Audrey Wells
Glenn Hervi	Jed Wheeler
Mark IacuanIELLO	Karen & Mike Winn
Louis Johnston	Anthony Wood

Generous grantors & foundations!


East Bay Community Foundation	Sandberg-Goldberg Charitable Support Fund
County Of Mendocino	California Department of Social Services
Fort Bragg First Presbyterian Church	The Community Foundation of Mendocino County
Mendocino Coast Children's Fund	

Welcome new donors of 2022!

Corinna Boudin	K. Ottoboni	Robert Hablutzel
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John McDonell	Dawn Hofberg-Schlosser	Chris Miller
Ron Smoley	James Maino	Melody Merriman
Derrick Cartwright	Marcia Walker	Carolina Robb
Joanne Ellis	Vance Cooke	Jill Harned
Matthew Evans		Tracy Serros
Sharon Gardner		

Local businesses that donate food every week

Cafe Beaujolais	Harvest at Mendosas	Nye Ranch
Corners of the Mouth	Harvest Market	Princess Seafood Market
D'Aurelios	Little River Market	Purity Supermarket
Dollar Tree	Meadow Farm	Roundman's SmokeHouse
El Yuca	Mendocino Cafe	Safeway
Flow Restaurant	Mendocino Coast Botanical Gardens	Thanksgiving Coffee
Fort Bragg Bakery	Mendocino Coast Produce	Vinny's Pizza
Fort Bragg Library	Mendocino Cookie Company	
Garden Bakery	Noyo Food Forest	
Goodlife Bakery		

 Giving is not just about making a donation. It is about making a difference. 