

Meet the Turkey Challenge Double your Donation!

Donate **\$200 or more** and these generous donors will match your donation up to \$25,000:

- Beautiful Earth
- Century 21
- Desiree & Terry Ramos
- Douglas & Kathleen Alexander
- Harvest Market
- Jenny's Giant Burger
- Kristin Dempsey
- Kyala Shea
- Marty Sexton
- Mary Gill & Timothy Gage
- Matson's Building Materials
- Mendo Sotheby's International Realty Mendocino
- Mendocino Coast European
- Mendocino Coast Produce
- Michael Linton & Mary Kate McKenna
- Otto & Jean Graham
- Pamela Hudson Real Estate
- Paul Sweigart, Financial Advisor
- Savings Bank of Mendocino County
- Stephen & Emily Gross
- Susan Colman & Jon Blanding
- Team Insurance
- Vinny's Pizza
- Vocality Credit Union

Thank you Sponsors! Please write Turkey Challenge on your check or Donate online!



FORT BRAGG FOOD BANK
P.O. Box 70
Fort Bragg CA, 95437

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MENDOCINO FOOD AND NUTRITION PROGRAM FORT BRAGG FOOD BANK newsletter

FALL 2022

Volunteer Spotlight - Cheers to our committed volunteers

It would be impossible to accomplish all the work we do at the Fort Bragg Food Bank without our amazing hard working crew of volunteers. A big thank you to each and every one of you who show us everyday what making a difference looks like. Here's a couple of our dedicated volunteers who come in every week.



Don – Our produce champion. Don is a pleasure to chat with while he makes overflowing produce bags.



Anna – A hard worker, cleaning up wherever needed and an expert at bagging up pet food!



Tom & Keaton – Add to the great atmosphere here at the food bank and pitch in preparing bags for our families in need. .



Dylan – Pitching in at Curbside with a kind heart and smiling face.

HELP FILL OUR HOLIDAY DISTRIBUTION BOXES

- Stuffing
- Gravy
- Chicken Broth
- Green Beans
- Peas
- Corn
- Yams
- Pumpkin Pie Filling
- Cranberry Sauce
- Canned Milk
- Flour
- Sugar
- Hot Chocolate Packets
- Apple Cider Packets
- Candy Canes

Donate to our Holiday Barrel at Curbside!



CONTACT THE FORT BRAGG FOOD BANK

707-964-9404 | FortBraggFoodBank.org | info@fbfoodbank.org | 910 N Franklin St, P.O. Box 70, Fort Bragg CA 95437

We are a 501(c)(3) non-profit organization. Donations are tax-deductible. Tax ID#: 94-2577092

Please make checks payable to The Fort Bragg Food Bank. We accept MasterCard & Visa. Donations may be made on our website.



Volunteering at the Food Bank

Our volunteers are always having a good time. With a great team like this how can you resist volunteering at the food bank.

Thank you Volunteers!

By the numbers - Year to date



7,487

Volunteer Hours Contributed



2,458

Families Fed in Mendocino County



1,549,949

Pounds of Food Distributed

COMPTCHE FOOD PANTRY



Announcing the new opening of the Comptche Food Pantry at the Chapel of the Redwoods.

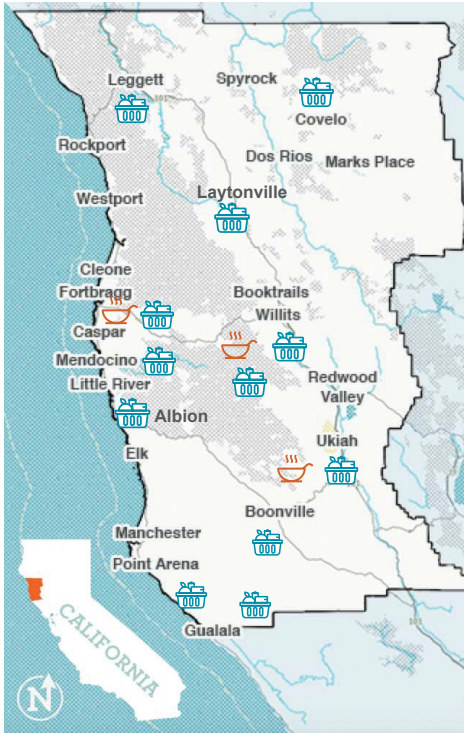
Thank you to dedicated volunteers Dani and Doug Moyer this pantry is open on Tuesdays from 2pm-4pm. Our local driver Josh delivers much needed food every week.

In August, 30 households were served and we anticipate growth in the next few months. When you visit the pantry you are greeted with warm and friendly faces and receive USDA commodities, fresh produce, pantry staples, and more.

Thank you to the community of Comptche for coming together to support this new pantry.



Mendocino County Food Distribution



FOOD PANTRY LOCATIONS

- Albion Food Pantry
- Anderson Valley Food Bank
- Comptche Food Pantry
- Fort Bragg Food Bank
- Gualala Food Bank
- Laytonville Food Bank
- Leggett Food Pantry
- Mendocino Community Pantry
- Nuestra Alianza
- Pay it Forward Fort Bragg High
- Point Arena Food Bank
- Round Valley Food Bank
- Ukiah Community Food Bank
- Willits Community Services

SOUP KITCHEN LOCATIONS

- Hospitality House
- Plowshares Ukiah
- Trinity Lutheran Church
- Willits Daily Bread

FOOD DISTRIBUTION HOURS

Monday - Friday – 11am to 4pm
 Curbside and Farmstand
 Open until 5:30 on Wednesdays
 Clients may pick up food once a week.

Note from director Amanda Friscia



The end of this year feels almost like crossing the finish line in a marathon. A dedicated team of staff, volunteers, and donors has

led us through the busiest year to date. This year we improved access to food by opening up our Community Farmstand (available to anyone in need), providing more kids bags to children, connecting with the school network to provide snacks to classrooms and food to school pantries. We also prioritized Home Delivery services to seniors and homebound individuals as well as offering CalFresh application assistance directly at the Fort Bragg Food Bank.


With the success of two additional food pantries our network of distribution partners in Mendocino County totals 18! Thank you to willing volunteers, there is now a weekly food pantry in Albion and Comptche! As we glance into the next year, we will continue to expand to the needs of our community. Thank you in every way you support us!

Welcome to the team Joshua!

Happy to welcome our new driver, [Joshua Admire](#) to the food bank family. You may see Josh at one of your local grocery stores picking up food donations. Always friendly and helpful it's great to have him at the food bank.



OUR STAFF

Amanda Friscia Executive Director	Kris Russell Distribution Assistant	Rachelle Sutherland Outreach Coordinator	Andi Whitlow Warehouse Worker
Jim Dimauro Warehouse Manager	Jeff Hock Distance Driver	Angela Dominguez Office Manager	Tricia Fernandez CalFresh Outreach
	Lisi Martinez Operations Coordinator	Kristin Hock Distribution Assistant	Mark Veregge Distribution Assistant
		Carl Audo Distribution Assistant	Joshua Admire Local Driver

OUR BOARD OF DIRECTORS

Thom Adams Board President	Desiree Ramos Secretary	Gary Mason Board Member	Susan Colman Board Member
Marty Sexton Vice President	Matthew Evans Treasurer	Kathleen Alexander Board Member	Mary Kate McKenna Board Member

Thank you donors for all you do!


Monthly donors

Marilyn Anderson	Mark Iacuanello
Luna Armstrong	Robert G. Jetton
Linda Banta	Louis Johnston
Joseph Beardsley	Andrew Jordan
Sharon Blake	Linda Kalman
Mildred Bohannon	Nathan Kugland
Sharon Bowers	Helen Lemley
Jeanette Boyer	Tristan Loofbourrow
Bryant Burkhardt	Benjamin Lund
Anthony Cardinale	Carolyn Lurie
Thomas Casey	Elaine McCarley
John B. Cinnamon	Michael Moreland
Creating Healthier Communities	Eric Nelson
Lorna Dennis	Adriene Nicolaisen
Lee Ann Dickson	Jenafer Owen
Divine Assistants International	Peter Peterson
Judith Edwards	Margaret Roberts
Matthew Evans	Randice & Will Roberts
Todd & Helen Frances George	Mitch Sprague & A. Robin Curry
Richard Goswell	Deborah Santos
Stephen & Emily Gross	Joyce Schowengerdt
Darby Haines	Marty Sexton
Harvest Market	Pat Tilley
Glenn Hervi	Waste Management
	Audrey Wells
	Jed Wheeler
	Karen & Mike Winn
	Anthony Wood

Grantors & foundations

Albertsons Companies Foundation	County of Mendocino
American Legion Auxiliary #96	East Bay Community Foundation
California Association of Food Banks	Fidelity Charitable
California Department of Social Services	Fraternal Order of Eagles #833
California Health Advocates	George and Ruth Bradford Foundation
Charles Schwab Charitable	J.G. Cummings Foundation
Coastal Mendocino Association of Realtors	Mendocino Coast Childrens Fund

Grantors & foundations continued...

Mendocino Masonic Lodge #179	Pedal for Protein First Presbyterian Church	The Community Foundation of Mendocino County
Morgan Stanley Gift Fund	Redwood Empire Food Bank	The Sage Fund of The Goldman Sachs Philanthropy
Morgan Stanley Gift Fund	Rotary Club Of Fort Bragg	Tony Anderson
National Association of Letter Carriers Branch #3656	Sandberg-Goldberg Charitable Support Fund	Vanguard Charitable
Pacific Gas & Electric Company Foundation	The Blackbaud Giving Fund	

Welcome new donors of 2022

Jannis Fetters	Annette Jarvie	Margaret A Hagen
Michael Degiulio	Carolyn Browe	Dawn Hofberg-Schlosser
Tristan Loofbourrow	Sharilyn Wood	James Maino
Ronald Neuman	Corinna Boudin	Marcia Walker
Carol A. Becker	William Pell	Vance Cooke
Clinton Spivey	Mary S Anthony	Robert Hablutzel
Mary Kate Mckenna	John Mcdonell	Veronica Viana-Gilmartin
Rita Ouillette	Ron Smoley	Zoe Sheppard
Jane Fernandez	Derrick Cartwright	Chris Miller
Cynthia Meyers	Joanne Ellis	Melody Merriman
	Matthew Evans	Carolina Robb
	Sharon Gardner	Jill Harned
	K. Ottononi	Tracy Serros
	Holden Keene	

Local businesses that donate food every week

Cafe Beaujloais	Harvest at Mendosa's	Nellos Market
Chico Gleaners	Harvest Market	Nye Ranch
Columbi's Market & Deli	Hopper Dairy	Paul Katzeff
Corner's of the Mouth	Little River Market	Purity Supermarket
Daurelios	Mendocino Chocolate Co.	Tom Pepper
Mendocino Community Garden	Mendocino Coast Botanical Gardens	Thanksgiving Coffee
Dollar Tree	Mendocino Coast Produce	Safeway
Fort Bragg Bakery	Mendocino Cookie Company	Trinity Lutheran Church
Fort Bragg Library		Vinny's Pizza